

Lancaster Senior Center

Van News

The van is available Monday-Friday for senior citizens that reside in Lancaster. Medical appointments take preference in scheduling. However, we do transport to area stores, such as Tops, Wal-Mart, Eastern Hills Mall, etc. We also transport to the Senior Center several days a week. For information concerning the van and/or to schedule an appointment contact Mary at 685-3498 between 9-Noon Monday-Friday. **(PLEASE DO NOT CALL ON THURSDAYS)**



Blood Pressure Readings By *Rural-Metro Ambulance*  
July 13th 9-11



*Evie Pelka* sent out "Get Well Wishes" to members who have recently been ill:  
William Jones  
Carol Giza  
Charlie Taylor

WELCOME NEW MEMBERS  
Francis Dalconzo  
Sandra Loughed, Grace Dean  
Asia Negron-Espósito  
Dolores Blendowski  
Marie Schultz, Gary Knapp  
Joan Murphy, Jewell Harwood  
Lucia Bennett,  
William Macchioni, Dolores Jankowiak  
Norm & Theresa Zimmerman  
Jeanette & Doug Chapman  
Nanette Varco, David O'Connell  
John Thielman  
Stella & Elwyn Evans

**AARP 55Alive**  
Safe Driving Course  
Sign Up Now!  
**\$10.00**  
July 24 & 26  
August 21 & 23



**In Memory**  
Our sincere sympathy is extended to the families and friends of those members who have recently passed away:  
Leonard Huber, Dorothy Eimer  
Bernie Breissinger, Rosalie Redding & Charles Weldy

Friday Movies

Every Friday afternoon at 12:30, we show a new movie release (sometimes an "oldie"). See our calendar for this month's movies.  
**Free pop and fresh popcorn.....**

**Nutrition**  
The Senior Center serves hot meals at 11:45 a.m. Monday-Friday. The cost for this program is \$2.25 per person. Call 685-3498 to cancel or to make reservations by Thursday morning. (One week prior)

**BIRTHDAY BOX**  
If your birthday falls during the month, put your name in the box. Each month we will have a drawing for a \$10.00 gift certificate.



Lancaster Senior Center  
100 Oxford Avenue, Lancaster, New York 14086  
Phone: 685-3498 Fax: 685-3594

SENIOR INK

**Staff**  
**Recreation/Outreach**  
Susan Arcese  
Geraldine Beckler  
Janice Korzeniewski  
**Nutrition Staff**  
Beverly Tanski  
Judith Szczesniak  
Monica Perna

**Meals On Wheels**  
Ann Wadsworth  
683-3771  
**Van Drivers**  
Norman Bastian  
Joseph Dennis  
Sylvester Dobrowolski  
Gordon Ederer  
Donald Metzger  
Louis Mucciaccio  
Ronald Polanski  
John Zbock

**Crafts**  
Ann Heidle  
**Ceramics**  
Gladys Weiss

**Square Dance**  
Bill Baumgardt  
**Line Dance**  
Claire Dela Rosa

**Piano**  
Linda Frost  
**Yoga**  
Kathy Markousis  
**Art**  
Kim Pesany-Au



**Mary Bartz**  
**Director of Senior Services**

**2006 Lancaster Senior Center Officers**  
President - Shirley Roll  
Vice President - Norman Bastian  
Treasurer - Jerry Sowinski  
Secretary - Claire Schlum  
**Board Of Directors:**  
Ethel Erb, Rita Galbreath, Donald Murawski,  
James Sterlace & Ramona Wery  
**Bingo Chairman**  
Ronald Wisniewski

**HOURS**  
Mondays, Tuesdays,  
Wednesdays & Fridays 8:30-5:00  
Thursdays 8:30-9:00 p.m.

**Building is Handicap Accessible**

**JULY 2006**


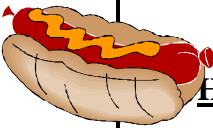

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16	17	18	19	20	21	22
23/30	24/31	25	26	27	28	29

**Upcoming Events**

**JULY**  
5th - LCR Party  
8th - Pig Roast  
10th - Niagara Casino  
13th - Computer Club  
14th - Hot Dog Roast  
17th - 21st Senior Games  
26th - Chair Massage  
**Fun Friday Cancelled for July**

**AUGUST**  
2nd - Card Party  
4th - Fun Friday  
10th - Computer Club  
14th - Seneca Niagara Casino

**SEPTEMBER**  
1st - Fun Friday  
6th - Dominoes Party  
7th - Monthly Meeting  
11th - Fallsview Casino  
14th - Computer Club

Monday	Tuesday	Wednesday	Thursday	Friday
3 Aerobic Tape 9-10 Yoga 10-11 Crafts 10:30-4:30 Mah Jonng 11:00 Hand & Foot Card Game 2:00	4 <b>SENIOR CENTER CLOSED</b> 	5 Aerobic Tape 9-10 Piano Lessons 9-Noon Art Class 12:15 <i>Basic I</i> Computer Class 1-2:30 LCR Party 1:15 Square Dancing 2-3:30 Bocce League 6-8	6 Ceramic Class 9-Noon Bingo 12:45 Pinochle & Dominoes 5:45 Scrabble 6:30	7 Aerobic Tape 9-10 Golf League 9:30 <u>No</u> Line Dancing Today! Crafts 10:30-4:30/Cards 12:15 Movie 12:30 - <i>Sister Act</i> <i>Basic II</i> Computer Class 1-2:20 <b><u>No Fun Friday</u></b> (this month) Pig Roast tomorrow @ 5pm
10 Aerobic Tape 9-10 Niagara Casino Trip Red Hats 10:00 Yoga 10-11 Crafts 10:30-4:30 Mah Jonng 11:00 Hand & Foot Card Game 2:00	11 Knit, Crochet & Ceramic Class 9-Noon Walk @ Como Park 9:30 <i>Before Basics</i> Computer Class 10:30-12:30 Organ Club 10:00 Quilters 10:00 Pinochle 12:45 Line Dancing 1-4	12 Aerobic Tape 9-10 Piano Lessons 9-Noon Art Class 12:15 <i>Basic I</i> Computer Class 1-2:30 Square Dancing 2-3:30 Bocce League 6-8	13 Blood Pressure Readings 9-11 Ceramic Class 9-Noon Bingo 12:45/Birthday Party Pinochle & Dominoes 5:45 Scrabble 6:30 <b><i>Computer Club 7-9</i></b> 	14 Aerobic Tape 9-10 Golf League 9:30 Easy Line Dancing 10:15-11:15 Crafts 10:30-4:30/Cards 12:15 Movie 12:30 - <i>Eight Below</i> <i>Basic II</i> Computer Class 1-2:20 Intermediate Line Dancing 1-3 <b><u>Hot Dog Roast &amp; Dominoes 5pm</u></b>
17 Aerobic Tape 9-10 <b><u>NO YOGA TODAY</u></b> Crafts 10:30-4:30 Mah Jonng 11:00 Hand & Foot Card Game 2:00	18 Knit, Crochet & Ceramic Class 9-Noon Walk @ Como Park 9:30 <i>Before Basics</i> Computer Class 10:30-12:30 Organ Club 10:00/Quilters 10:00 Pinochle 12:45 Line Dancing 1-4 <div data-bbox="1118 1028 1383 1199">The Mulberry Tree By: Jude Deveraux</div>	19 Aerobic Tape 9-10 Piano Lessons 9-Noon Art Class 12:15 Book Club 12:30 Square Dancing 2-3:30 No Bocce League Tonight!	20 Ceramic Class 9-Noon Officers/Bd Mtg. 9:45 Bingo 12:45 Pinochle & Dominoes 5:45 Scrabble 6:30 <div data-bbox="1811 883 1936 1084">DONUT DAY! </div>	21 Aerobic Tape 9-10 Golf League 9:30 Easy Line Dancing 10:15-11:15 Crafts 10:30-4:30/Cards 12:15 Movie 12:30 - <i>Cheaper by the Dozen 2</i> Intermediate Line Dancing 1-3
2006 SENIOR GAMES (ALL WEEK)				
24 Aerobic Tape 9-10 <b><u>NO YOGA TODAY</u></b> Yoga 10-11 <b>Diner's Club 12:15</b> <b><i>French Pub (1250 French Rd)</i></b> Crafts 10:30-4:30 Mah Jonng 11:00/55Alive 1-5 Hand & Foot Card Game 2:00	25 Knit, Crochet & Ceramic Class 9-Noon Walk @ Como Park 9:30 Organ Club 10:00 Quilters 10:00 <i>Before Basics</i> Computer Class 10:30-12:30 Pinochle 12:45 Line Dancing 1-4	26 Aerobic Tape 9-10 Piano Lessons 9-Noon Art Class 12:15 55Alive 1-5 <div data-bbox="1299 1376 1572 1487">Chair Massage 10-12:30 (call for an appointment)</div> Square Dancing 2-3:30 Bocce League 6-8	27 Ceramic Class 9-Noon Bingo 12:45 Pinochle & Dominoes 5:45 Scrabble 6:30	28 Aerobic Tape 9-10 Golf League 9:30 Easy Line Dancing 10:15-11:15 Crafts 10:30-4:30 Cards 12:15 Movie 12:30 - <i>Penny Serenade</i> Intermediate Line Dancing 1-3
31 Aerobic Tape 9-10 Yoga 10-11 Crafts 10:30-4:30 Mah Jonng 11:00 Hand & Foot Card Game 2:00	July 2006			